



# CORONAVIRUS COVID-19

## A Message From Willamette Valley Medical Center

Willamette Valley Medical Center (WVMC) is committed to providing the highest quality care and ensuring the safety of our patients, employees, providers, volunteers and visitors. We are continuing to work closely with Yamhill County Public Health and Human Services and the Oregon Health Authority, as well as following guidance from the Centers for Disease Control and Prevention (CDC), to ensure our hospital is prepared with the appropriate plans to detect, protect, and respond should anyone in our community contract or be exposed to the novel coronavirus (COVID-19).

We want to assure our community that our clinical teams are trained on the proper procedures and protocols to minimize the risk of spreading any infectious disease, including COVID-19. If we have any reason to believe a patient may have the coronavirus, our providers immediately implement the appropriate infection control measures in accordance with CDC guidelines. These include masking and isolating the patient, donning personal protective equipment (PPE) – inclusive of an N95 respirator mask, eye protection, gown, and gloves – and ensuring environmental hygiene. In response to national supply issues, we are actively coordinating with community partners to address supply needs at the facility level.

While COVID-19 is new, preparing for responses to disasters is not new to hospitals. WVMC's emergency preparedness training is a year-round activity that is done to help ensure the health and well-being of our community and everyone who enters our hospital. Each day, our Incident Command Center is reviewing our facility's robust emergency operations plan in relation to new information from our community partners and the CDC, as well as proactively completing a number of preparation checklists out of an abundance of caution.

We encourage the community to continue to follow the guidance of CDC and Public Health to try to prevent the spread of any viral illnesses. The best way to be prepared is to wash hands frequently; clean and disinfect high-touch surfaces; avoid touching your eyes, nose, and mouth; stay home from work, school and public areas if you're sick; and practice social distancing if applicable.



You might be concerned about the spread of the COVID-19 coronavirus now that there are cases in Oregon. We will continue to share information with you in case you are worried about your own risk.

## If you feel sick

If you have symptoms such as cough, runny nose, and fever, and your symptoms are mild, it is recommended you stay at home. Remember, it is cold and flu season so there are many possible causes of these symptoms.

If your symptoms are more concerning, please call your primary health care provider before coming into a clinic, urgent care center or emergency room. Your primary care provider is your best resource for identifying the safest way to receive care.

## Additional Resources

Below are a number of resources to help educate you and your family on COVID-19.

### Oregon Health Authority

[Oregon.gov/OHA](https://Oregon.gov/OHA)

### Our Health Oregon

[OurHealthOregon.org](https://OurHealthOregon.org)

### Yamhill County Public Health

[hhs.co.yamhill.or.us/publichealth](https://hhs.co.yamhill.or.us/publichealth)

### Centers for Disease Control and Prevention

[CDC.gov](https://CDC.gov)

### World Health Organization

[WHO.int](https://WHO.int)

For general information on novel coronavirus in Oregon, **call 211**.

Additional resources also are available at **[WillametteValleyMedical.com](https://WillametteValleyMedical.com)**